

2016 Program

- February - March - April** **Spring Retreat for Sunyata Sangha**
Location: Perris Meditation Center, Perris, CA, USA
- 19 March 2016** **Inauguration of the Southern California Sunyata Meditation Center**
Location: 13071 Brookhurst #197, Garden Grove, CA 92843, USA
Time: 9:00 am to 10:00 am
All welcome
- 19-20 March 2016** **Fundamental Meditation Course - Southern California (Part 1)**
Location: 13071 Brookhurst #197, Garden Grove, CA 92843, USA
Time: from 10am
Contact: Mr Tuệ Lạc ngbcuong@hotmail.com
Ms Nguyễn Như pliliann@yahoo.com
- 26-27 March 2016** **Fundamental Meditation Course - Southern California (Part 2)**
- 1-2 April 2016** **Fundamental Meditation Course - Southern California (Part 3)**
- 1-30 April 2016** **One-month Monastic Ordination Trial**
· **Location:** Perris Meditation Center, Perris, CA, USA
- 3 April 2016** **Annual Sunyata Tradition Day**
Location: Perris Meditation Center, Perris, CA
Also available as webcast
- 4-17 April 2016** **Sunyata Lay Teacher Specialization Training Seminar**
Location: Perris Meditation Center, Perris, CA, USA
Content:
4-5-6 April: Buddhism fundamentals
7-8-9 April: Meditation and neuroscience fundamentals
10-11-12 April: Qi Gong fundamentals
13-14-15 April: Meditation techniques fundamentals
17 April: Graduation ceremony
Contact: Mr Tuệ Nguyễn toanhtuan@yahoo.com
- 24 April 2016** **Torch of Wisdom Lecture**
Location: Perris Meditation Center, Perris, CA, USA
Time: 2pm to 6pm
Topic: How To Live Dwelling In Right Awareness
- 30 April to 4 May 2016** **Residential Samādhi and Paññā Meditation Practice Seminar - bilingual**
Location: Toulouse, France
Contact: Ms Minh Anh hnhanh@hotmail.com
+33 5 61 44 33 46
Mr Quang Như thetramtuananhtse@yahoo.fr
- 7 May 2016** **Inauguration of Germany Sunyata Meditation Center**
Contact: Ms Thanh Tâm sphanhtam@yahoo.de
Ms Minh Huệ vinhdothi@googlemail.com
Ms Minh Tuyên phamluong@gmx.de
- 9 May to 13 May 2016** **Fundamental Meditation Course**
Location: Germany
Contact: Ms Thanh Tâm sphanhtam@yahoo.de
Ms Minh Huệ vinhdothi@googlemail.com
Ms Minh Tuyên phamluong@gmx.de
- 21 May 2016** **Public Lecture**
Topic: How To Live A Worthy Life
Location: AFAPS - France-Asia Friendship Association
Contact: Mr Quang Triết ducthuongngo@gmail.com
Ms Minh Y ytranhong@free.fr
- 22 May 2016** **Public Lecture**
Topic: From Awareness To Cognition
Location: Linh Sơn Buddhist University, Paris, France
Contact: Mr Quang Triết ducthuongngo@gmail.com
Ms Minh Y ytranhong@free.fr

- 17 to 26 May 2016** **Intermediate Meditation Course Level 1**
Location: Paris, France
Contact: Mr Quang Triết ducthuongngo@gmail.com
Ms Minh Y ytranhong@free.fr
- 4 to 10 June 2016** **Intermediate Meditation Course Level 1**
Location: Southern California, USA
Contact: Mr Tuệ Lạc ngbcuong@hotmail.com
Ms Nguyễn Như pliliann@yahoo.com
Also available as webcast
- 12 to 18 June 2016** **Advanced Meditation Course Level 1**
Location: Washington D.C., USA
Contact: Ms Tâm Diệu Phú tamdieuphu@gmail.com
+ 1 703 407 4976
Also available as webcast
- 19 to 25 June 2016** **Intermediate Meditation Course Level 2**
Location: Washington D.C., USA
Contact: Ms Tâm Diệu Phú tamdieuphu@gmail.com
+ 1 703 407 4976
Also available as webcast
- 26 June 2016** **Public Lecture**
Location: Washington D.C., USA
Topic: Biofeedback Process In Meditation
Contact: Ms Tâm Diệu Phú tamdieuphu@gmail.com
+ 1 703 407 4976
- 2 to 9 July 2016** **Intermediate Meditation Course Level 4**
Location: Toronto, ON, Canada
Contact: Mr Thông Như thientanhkhongontario@gmail.com
Also available as webcast
- 12 to 20 July 2016** **Intermediate Meditation Course Level 1**
Location: Sacramento, CA, USA
Contact: Mr Nguyễn Sơn sontanhkhong@gmail.com
Ms Diệu Nhân dieunhanletran@gmail.com
- 23 to 30 July 2016** **Intermediate Meditation Course Level 4**
Location: Sacramento, CA, USA
Contact: Mr Nguyễn Sơn sontanhkhong@gmail.com
Ms Diệu Nhân dieunhanletran@gmail.com
- 6 to 11 August 2016** **Fundamental Meditation Course - bilingual**
Location: Linh Phong Pagoda, Ecublens, VD, Switzerland
Contact: Ms Huệ Thuận Bùi Mai Hương
mbui@romandie.com
- 13 to 20 August 2016** **Residential Samādhi and Paññā Meditation Practice Seminar - bilingual**
Location: Vaumarcus, NE, Switzerland
Contact: Ms Huệ Thuận Bùi Mai Hương
mbui@romandie.com
- 20-21 August 2016** **Public Lecture**
Location: Toronto, ON, Canada
Contact: Mr Thông Như thientanhkhongontario@gmail.com
Available with simultaneous English translation.
- 28 August 2016** **Public Lecture**
Location: Toronto, ON, Canada
Contact: Mr Thông Như thientanhkhongontario@gmail.com
Available with simultaneous English translation.
- 22 to 28 August 2016** **Intermediate Meditation Course Level 1**
Location: Berlin, Germany
Contact: Ms Như Minh Ngọc
personalimmobilien@yahoo.de

- 3 to 9 September 2016** **Intermediate Meditation Course Level 1**
Location: Melbourne, VIC, Australia
Contact: Ms Diệu Nguyễn tranhpham43@bigpond.com
Ms Diệu Thời anhhk@me.com
- 11 to 16 September 2016** **Intermediate Meditation Course Level 1**
Location: Adelaide, SA, Australia
Contact: Ms Như Uyển chilavender@gmail.com
Ms Như Diệu jillhong66@gmail.com
+61 4 24 67 72 62
Ms Như Hương nhuhuongtksa@gmail.com
- 17 to 22 September 2016** **Intermediate Meditation Course Level 2**
Location: Adelaide, SA, Australia
Contact: Ms Như Uyển chilavender@gmail.com
Ms Như Diệu jillhong66@gmail.com
+61 4 24 67 72 62
Ms Như Hương nhuhuongtksa@gmail.com
- 24 to 29 September 2016** **Residential Intermediate Meditation Course Level 4**
Location: Govinda Valley, Otford, NSW, Australia
Contact: Mr Quang Lý tamkhongk@hotmail.com
+61 2 97 02 17 95
Ms Minh Thường
minhthuongucchau@yahoo.com.au
- 1 to 8 October 2016** **Intermediate Meditation Course Level 4**
Location: Houston, TX, USA
Contact: Ms Tâm Như bethivo2@yahoo.com
+1 281 495 1061
Ms Hạnh Phổ saomai121@gmail.com
- 9 to 15 October 2016** **Residential Samādhi and Paññā Meditation Practice Seminar**
Location: Houston, TX, USA
Contact: Ms Tâm Như bethivo2@yahoo.com
+1 281 495 1061
Ms Hạnh Phổ saomai121@gmail.com
- 19 to 26 October 2016** **Intermediate Meditation Course Level 2**
Location: Southern California
Contact: Mr Tuệ Lạc ngbcuong@hotmail.com
Ms Nguyễn Như piliann@yahoo.com
Also available as webcast
- 7th Pilgrimage to Buddhist Holy Sites in India and Nepal Program:**
7-day Samādhi and Paññā Meditation Practice Seminar at Bodh Gaya
Pilgrimage to the four Buddhist holy sites: Lumbini, Nepal where the Buddha was born, Bodh Gaya where the Buddha attained enlightenment, the Deer Garden near Sarnath where the Buddha set the wheel of dhamma in motion, and Kushinagar where the Buddha entered nirvana
Visit to other Buddhist sites: Vulture Peak, Bamboo Grove (Venuvana) Vihāra, Jeta Grove (Jetavana) Vihāra, Sujātā's village, Mahākāśyapa's village, the Nairājanā river, the self-mortification forest, Nalandā University
Visit to New Delhi, Mahatma Gandhi's tomb and international pagodas at Bodh Gaya and Lumbini
- Organizing committee:**
Head of delegation: Bikkhuni Triệt Như
Deputy: Mr Tuệ Chiếu
Treasurer: Mr Tuệ Thông
San Jose group: Mr Tâm Huệ, deputy Mr Phạm Thu
Houston group: Ms Hiếu Như, deputy Mr Tâm
Adelaide group: Ms Như Hương, deputy Mr Quốc
Switzerland group: Ms Huệ Thuận, deputy Mr Đức
Southern California group: Mr Tuệ Vinh
Paris group: Mr Thiện Phước
Sydney Group: Mr Quang Thông, deputy Mr Cho
Washington DC group: Ms Như Quỳnh
Sacramento group: Ms Uyển Như
- 1 to 19 November 2016**
Prerequisite: the Pilgrimage is open to students who have completed the Fundamental Meditation Course
Registration: currently closed
Contact: Bikkhuni Triệt Như trietnhu@yahoo.com

Residential Samādhi and Paññā Meditation Practice Seminar

**10 to 17 December
2016**

Location: Perris Meditation Center, Perris, CA, USA

Organized by the Sacramento branch

Contact: Mr Nguyễn Sơn sontanhhong@gmail.com

Ms Diệu Nhân dieunhanletran@gmail.com

Intermediate Meditation Course Level 4

**25 December 2016
to 1 January 2017**

Location: San Jose, CA, USA

Contact: Mr Hoàng Phương tandiem999@yahoo.com

Also available as webcast

