

## 2016 Program

- February - March - April**      **Spring Retreat for Sunyata Sangha**  
**Location:** Perris Meditation Center, Perris, CA, USA
- 19 March 2016**      **Inauguration of the Southern California Sunyata Meditation Center**  
**Location:** 13071 Brookhurst #197, Garden Grove, CA 92843, USA  
**Time:** 9:00 am to 10:00 am  
All welcome
- 19-20 March 2016**      **Fundamental Meditation Course - Southern California (Part 1)**  
**Location:** 13071 Brookhurst #197, Garden Grove, CA 92843, USA  
**Time:** from 10am  
**Contact:** Mr Tuệ Lạc [ngbcuong@hotmail.com](mailto:ngbcuong@hotmail.com)  
Ms Nguyễn Như [pliliann@yahoo.com](mailto:pliliann@yahoo.com)
- 26-27 March 2016**      **Fundamental Meditation Course - Southern California (Part 2)**
- 1-2 April 2016**      **Fundamental Meditation Course - Southern California (Part 3)**
- 1-30 April 2016**      **One-month Monastic Ordination Trial**  
· **Location:** Perris Meditation Center, Perris, CA, USA
- 3 April 2016**      **Annual Sunyata Tradition Day**  
**Location:** Perris Meditation Center, Perris, CA  
Also available as webcast
- 4-17 April 2016**      **Sunyata Lay Teacher Specialization Training Seminar**  
**Location:** Perris Meditation Center, Perris, CA, USA  
**Content:**  
4-5-6 April: Buddhism fundamentals  
7-8-9 April: Meditation and neuroscience fundamentals  
10-11-12 April: Qi Gong fundamentals  
13-14-15 April: Meditation techniques fundamentals  
17 April: Graduation ceremony  
**Contact:** Mr Tuệ Nguyễn [toanhtuan@yahoo.com](mailto:toanhtuan@yahoo.com)
- 24 April 2016**      **Torch of Wisdom Lecture**  
**Location:** Perris Meditation Center, Perris, CA, USA  
**Time:** 2pm to 6pm  
**Topic:** How To Live Dwelling In Right Awareness
- 30 April to 4 May 2016**      **Residential Samādhi and Paññā Meditation Practice Seminar - bilingual**  
**Location:** Toulouse, France  
**Contact:** Ms Minh Anh [hnhanh@hotmail.com](mailto:hnhanh@hotmail.com)  
+33 5 61 44 33 46  
Mr Quang Như [thetramtuananhtse@yahoo.fr](mailto:thetramtuananhtse@yahoo.fr)
- 7 May 2016**      **Inauguration of Germany Sunyata Meditation Center**  
**Contact:** Ms Thanh Tâm [sphanhtam@yahoo.de](mailto:sphanhtam@yahoo.de)  
Ms Minh Huệ [vinhdothi@googlemail.com](mailto:vinhdothi@googlemail.com)  
Ms Minh Tuyên [phamluong@gmx.de](mailto:phamluong@gmx.de)
- 9 May to 13 May 2016**      **Fundamental Meditation Course**  
**Location:** Germany  
**Contact:** Ms Thanh Tâm [sphanhtam@yahoo.de](mailto:sphanhtam@yahoo.de)  
Ms Minh Huệ [vinhdothi@googlemail.com](mailto:vinhdothi@googlemail.com)  
Ms Minh Tuyên [phamluong@gmx.de](mailto:phamluong@gmx.de)
- 21 May 2016**      **Public Lecture**  
**Topic:** How To Live A Worthy Life  
**Location:** AFAPS - France-Asia Friendship Association  
**Contact:** Mr Quang Triết [ducthuongngo@gmail.com](mailto:ducthuongngo@gmail.com)  
Ms Minh Y [ytranhong@free.fr](mailto:ytranhong@free.fr)
- 22 May 2016**      **Public Lecture**  
**Topic:** From Awareness To Cognition  
**Location:** Linh Sơn Buddhist University, Paris, France  
**Contact:** Mr Quang Triết [ducthuongngo@gmail.com](mailto:ducthuongngo@gmail.com)  
Ms Minh Y [ytranhong@free.fr](mailto:ytranhong@free.fr)

- 17 to 26 May 2016** **Intermediate Meditation Course Level 1**  
**Location:** Paris, France  
**Contact:** Mr Quang Triết [ducthuongngo@gmail.com](mailto:ducthuongngo@gmail.com)  
Ms Minh Y [ytranhong@free.fr](mailto:ytranhong@free.fr)
- 4 to 10 June 2016** **Intermediate Meditation Course Level 1**  
**Location:** Southern California, USA  
**Contact:** Mr Tuệ Lạc [ngbcuong@hotmail.com](mailto:ngbcuong@hotmail.com)  
Ms Nguyễn Như [pliliann@yahoo.com](mailto:pliliann@yahoo.com)  
Also available as webcast
- 12 to 18 June 2016** **Advanced Meditation Course Level 1**  
**Location:** Washington D.C., USA  
**Contact:** Ms Tâm Diệu Phú [tamdieuphu@gmail.com](mailto:tamdieuphu@gmail.com)  
+ 1 703 407 4976  
Also available as webcast
- 19 to 25 June 2016** **Intermediate Meditation Course Level 2**  
**Location:** Washington D.C., USA  
**Contact:** Ms Tâm Diệu Phú [tamdieuphu@gmail.com](mailto:tamdieuphu@gmail.com)  
+ 1 703 407 4976  
Also available as webcast
- 26 June 2016** **Public Lecture**  
**Location:** Washington D.C., USA  
**Topic:** Biofeedback Process In Meditation  
**Contact:** Ms Tâm Diệu Phú [tamdieuphu@gmail.com](mailto:tamdieuphu@gmail.com)  
+ 1 703 407 4976
- 2 to 9 July 2016** **Intermediate Meditation Course Level 4**  
**Location:** Toronto, ON, Canada  
**Contact:** Mr Thông Như [thientanhkhongontario@gmail.com](mailto:thientanhkhongontario@gmail.com)  
Also available as webcast
- 12 to 20 July 2016** **Intermediate Meditation Course Level 1**  
**Location:** Sacramento, CA, USA  
**Contact:** Mr Nguyễn Sơn [sontanhkhong@gmail.com](mailto:sontanhkhong@gmail.com)  
Ms Diệu Nhân [dieunhanletran@gmail.com](mailto:dieunhanletran@gmail.com)
- 23 to 30 July 2016** **Intermediate Meditation Course Level 4**  
**Location:** Sacramento, CA, USA  
**Contact:** Mr Nguyễn Sơn [sontanhkhong@gmail.com](mailto:sontanhkhong@gmail.com)  
Ms Diệu Nhân [dieunhanletran@gmail.com](mailto:dieunhanletran@gmail.com)
- 6 to 11 August 2016** **Fundamental Meditation Course - bilingual**  
**Location:** Linh Phong Pagoda, Ecublens, VD, Switzerland  
**Contact:** Ms Huệ Thuận Bùi Mai Hương  
[mbui@romandie.com](mailto:mbui@romandie.com)
- 13 to 20 August 2016** **Residential Samādhi and Paññā Meditation Practice Seminar - bilingual**  
**Location:** Vaumarcus, NE, Switzerland  
**Contact:** Ms Huệ Thuận Bùi Mai Hương  
[mbui@romandie.com](mailto:mbui@romandie.com)
- 20-21 August 2016** **Public Lecture**  
**Location:** Toronto, ON, Canada  
**Contact:** Mr Thông Như [thientanhkhongontario@gmail.com](mailto:thientanhkhongontario@gmail.com)  
Available with simultaneous English translation.
- 28 August 2016** **Public Lecture**  
**Location:** Toronto, ON, Canada  
**Contact:** Mr Thông Như [thientanhkhongontario@gmail.com](mailto:thientanhkhongontario@gmail.com)  
Available with simultaneous English translation.
- 22 to 28 August 2016** **Intermediate Meditation Course Level 1**  
**Location:** Berlin, Germany  
**Contact:** Ms Như Minh Ngọc  
[personalimmobilien@yahoo.de](mailto:personalimmobilien@yahoo.de)

- 3 to 9 September 2016** **Intermediate Meditation Course Level 1**  
**Location:** Melbourne, VIC, Australia  
**Contact:** Ms Diệu Nguyễn [tranhpham43@bigpond.com](mailto:tranhpham43@bigpond.com)  
Ms Diệu Thời [anhhk@me.com](mailto:anhhk@me.com)
- 11 to 16 September 2016** **Intermediate Meditation Course Level 1**  
**Location:** Adelaide, SA, Australia  
**Contact:** Ms Như Uyển [chilavender@gmail.com](mailto:chilavender@gmail.com)  
Ms Như Diệu [jillhong66@gmail.com](mailto:jillhong66@gmail.com)  
+61 4 24 67 72 62  
Ms Như Hương [nhuhuongtksa@gmail.com](mailto:nhuhuongtksa@gmail.com)
- 17 to 22 September 2016** **Intermediate Meditation Course Level 2**  
**Location:** Adelaide, SA, Australia  
**Contact:** Ms Như Uyển [chilavender@gmail.com](mailto:chilavender@gmail.com)  
Ms Như Diệu [jillhong66@gmail.com](mailto:jillhong66@gmail.com)  
+61 4 24 67 72 62  
Ms Như Hương [nhuhuongtksa@gmail.com](mailto:nhuhuongtksa@gmail.com)
- 24 to 29 September 2016** **Residential Intermediate Meditation Course Level 4**  
**Location:** Govinda Valley, Otford, NSW, Australia  
**Contact:** Mr Quang Lý [tamkhongk@hotmail.com](mailto:tamkhongk@hotmail.com)  
+61 2 97 02 17 95  
Ms Minh Thường  
[minhthuongucchau@yahoo.com.au](mailto:minhthuongucchau@yahoo.com.au)
- 1 to 8 October 2016** **Intermediate Meditation Course Level 4**  
**Location:** Houston, TX, USA  
**Contact:** Ms Tâm Như [bethivo2@yahoo.com](mailto:bethivo2@yahoo.com)  
+1 281 495 1061  
Ms Hạnh Phổ [saomai121@gmail.com](mailto:saomai121@gmail.com)
- 9 to 15 October 2016** **Residential Samādhi and Paññā Meditation Practice Seminar**  
**Location:** Houston, TX, USA  
**Contact:** Ms Tâm Như [bethivo2@yahoo.com](mailto:bethivo2@yahoo.com)  
+1 281 495 1061  
Ms Hạnh Phổ [saomai121@gmail.com](mailto:saomai121@gmail.com)
- 19 to 26 October 2016** **Intermediate Meditation Course Level 2**  
**Location:** Southern California  
**Contact:** Mr Tuệ Lạc [ngbcuong@hotmail.com](mailto:ngbcuong@hotmail.com)  
Ms Nguyễn Như [piliann@yahoo.com](mailto:piliann@yahoo.com)  
Also available as webcast
- 7th Pilgrimage to Buddhist Holy Sites in India and Nepal Program:**  
7-day Samādhi and Paññā Meditation Practice Seminar at Bodh Gaya  
Pilgrimage to the four Buddhist holy sites: Lumbini, Nepal where the Buddha was born, Bodh Gaya where the Buddha attained enlightenment, the Deer Garden near Sarnath where the Buddha set the wheel of dhamma in motion, and Kushinagar where the Buddha entered nirvana  
Visit to other Buddhist sites: Vulture Peak, Bamboo Grove (Venuvana) Vihāra, Jeta Grove (Jetavana) Vihāra, Sujātā's village, Mahākāśyapa's village, the Nairājanā river, the self-mortification forest, Nalandā University  
Visit to New Delhi, Mahatma Gandhi's tomb and international pagodas at Bodh Gaya and Lumbini
- Organizing committee:**  
Head of delegation: Bikkhuni Triệt Như  
Deputy: Mr Tuệ Chiếu  
Treasurer: Mr Tuệ Thông  
San Jose group: Mr Tâm Huệ, deputy Mr Phạm Thu  
Houston group: Ms Hiếu Như, deputy Mr Tâm  
Adelaide group: Ms Như Hương, deputy Mr Quốc  
Switzerland group: Ms Huệ Thuận, deputy Mr Đức  
Southern California group: Mr Tuệ Vinh  
Paris group: Mr Thiện Phước  
Sydney Group: Mr Quang Thông, deputy Mr Cho  
Washington DC group: Ms Như Quỳnh  
Sacramento group: Ms Uyển Như
- Prerequisite:** the Pilgrimage is open to students who have completed the Fundamental Meditation Course  
**Registration:** currently closed  
**Contact:** Bikkhuni Triệt Như [trietnhu@yahoo.com](mailto:trietnhu@yahoo.com)
- 1 to 19 November 2016**

**Residential Samādhi and Paññā Meditation Practice Seminar**

**10 to 17 December  
2016**

**Location:** Perris Meditation Center, Perris, CA, USA

Organized by the Sacramento branch

**Contact:** Mr Nguyễn Sơn [sontanhhong@gmail.com](mailto:sontanhhong@gmail.com)

Ms Diệu Nhân [dieunhanletran@gmail.com](mailto:dieunhanletran@gmail.com)

**Intermediate Meditation Course Level 4**

**25 December 2016  
to 1 January 2017**

**Location:** San Jose, CA, USA

**Contact:** Mr Hoàng Phương [tandiem999@yahoo.com](mailto:tandiem999@yahoo.com)

Also available as webcast

